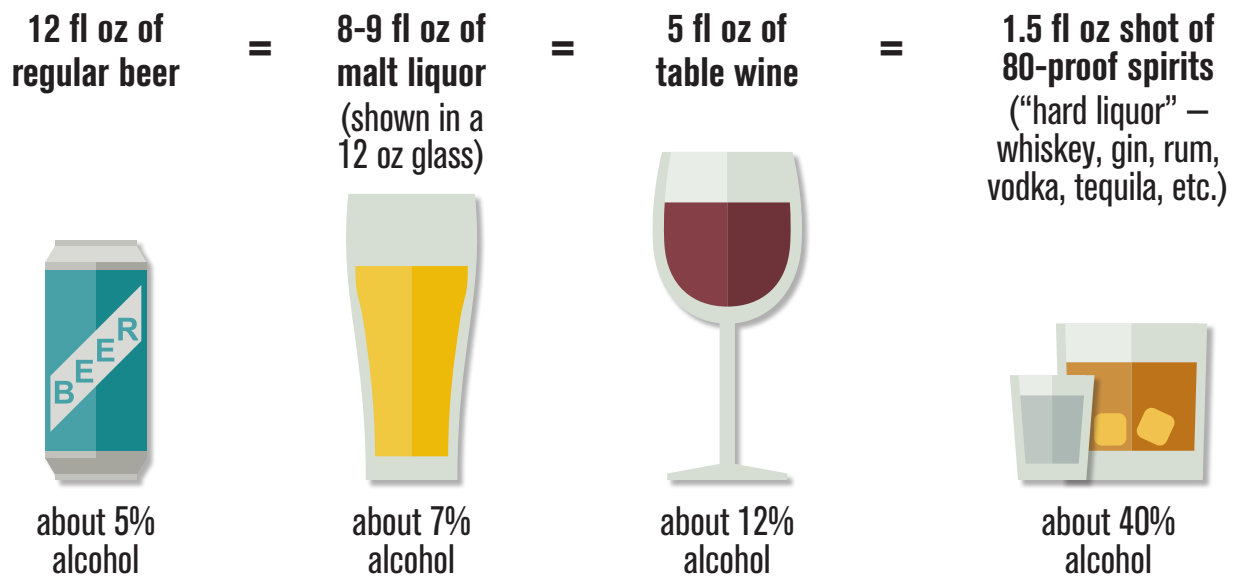


Reference Card for Alcohol Drinks

For this survey **whole alcohol drinks**, mean a 12 oz. can of regular beer, an 8 oz. of glass of malt liquor or flavored alcohol beverage sold in cans, 5 oz. of wine, or 1.5 oz. of hard liquor, such as vodka, whiskey, rum, or tequila (whether as a shot or in a mixed drink).

For example, a six pack of beer consists of 6 drinks and a bottle of wine contains 5 drinks. If you had a larger drink, such as a pint of beer (16 oz.) or an oversized glass of wine, please count that as more than one drink.

“A WHOLE DRINK IS...”



The percent of “pure” alcohol, expressed here as alcohol by volume (alc/vol). varies by beverage.